

Oral Leukoplakia Treatment & Management

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Medical Care

Surgical excision of oral leukoplakia (OL) may be considered. Frequent clinical observation accompanied by photographic records is recommended. Because of the unpredictable behavior of dysplastic lesions, immediately obtain a biopsy on any areas that are suggestive or that change in appearance.^[9] Cryotherapy ablation and carbon dioxide laser ablation are also used.^[10] The area heals rapidly, and apparently healthy mucosa is left behind. However, uncertainty remains regarding the risk of invasive carcinomas subsequently arising in sites previously treated.

Consultations

Consult an oral medicine specialist to evaluate etiologic factors and to determine the individualized treatment.

Diet

Discontinue the use of alcohol.

Activity

Physical activity is not restricted.

Medication

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